

Adult Examination
Nurse present: C/O MH updated SH (Carer needed or present) Smoker Y/N Smoking cessation offered - patient accepted/declined. Risks of perio / oral cancer discussed Alcohol units per week informed of recommended weekly alcohol units
Cariogenic diet:
Low Moderate High
Current OH:
Tooth Brushing: frequency? Toothpaste? ID cleaning: frequency? Floss/ID brush/toothpick
Extra Oral
Facial asymmetry Lymph nodes Saliva Glands TMJ
Intra Oral
Soft Tissues - lips, buccal mucosa, gingivae, palate, tongue, FoM Salivary function: Charting and BPE updated Clinical caries: Defective restorations: NCTSL: Plaque control: BOP PPD 4mm+ present with BOP? Modified plaque index taken UR6 UL14 LL6 LR14 -
Special Tests
Bitewings not indicated / last taken >2Y ago (based on CGdent selection criteria) VCG and taken today to assess bone levels and proximal caries Grade diagnostically acceptable? Bone level: Radiolucencies congruent with caries: Other
Diagnoses:
Risk levels
Caries: Perio: NCTSL:

Oral cancer:
ACORN (<i>Assessment of Clinical Oral Risks and Needs</i>) - completed/not required
Treatment options discussed with risks and benefits:
Treatment plan
Discussed and agreed with pt
Recall interval: /12
Discussions
<p>OHE: Advised TB 2x per day for 2 mins, use FI toothpaste, last thing at night and one other time, spit don't rinse.</p> <p>Recommended daily ID cleaning with floss/ID brushes size /interspace brush/TePe Easy Picks</p> <p>Diet advice: Reduce overall frequency and amount of dietary sugar and to keep sugars to mealtimes. Don't add sugar to drinks or use a sugar replacement</p> <p>Explained the importance of the above in caries + periodontal disease prevention.</p> <p>Periodontal disease -systemic links</p> <p>Other</p>